

AT UKAT WE DO NOT
SHY AWAY FROM ADDICTION;
WE CHANGE THE NARRATIVE
AND ACCEPT IT AS A SYMBOL
OF OUR STRENGTH.




UK Addiction Treatment Centres

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UK Addiction Treatment Centres



PUTTING THE PIECES
BACK TOGETHER

ADDICTION IS AN ILLNESS THAT CAN IMPACT ANY OF US AT ANY TIME,
AND TO SUFFER DOES NOT MAKE US WEAK. IT MAKES US HUMAN.

Founded in 2012 by those who have been through addiction, UKAT's success comes with its simplicity. By employing a passionate team of staff dedicated to quality care, our clients remain at the heart of everything we do, and this fact informs each of our decisions.

Our private, UK-based treatment service offers support to people from all walks of life, helping them overcome addiction with a wide range of treatments and world-class facilities all over the country. We provide care based on what we know works, from our own experiences, to help others walk the road to recovery.



Daniel Gerrard,
Founder and Managing
Director



"I have seen both sides of addiction, and since recovering myself, have been inspired to provide the best quality services for those suffering the same. Addiction does not need to define us. It is not who we are. Addiction, instead, is a part of our story."

OUR APPROACH



RECOVERY IS BUILT ON TRUST

We believe that trust is the antidote to addiction. Recovery takes hard work and dedication, so we provide the right environment for you to share your experience, set practical goals, and learn the tools for successful rehabilitation. Our programme is formed on strengthening trust with those who have been through a similar journey, and each resident's combined courage builds highly powerful energy to inspire you towards positive change.

FREE AFTERCARE

The recovery network doesn't end once you leave rehab. The bonds of connection will be with you for life. We know how challenging it can be to integrate back into your routine post-treatment, so we supply a free aftercare package for up to one year.



WE KNOW WHAT YOU'RE GOING THROUGH - REALLY

Most of our UKAT family have experienced addiction first-hand or witnessed somebody close to them suffer. We understand what you're going through and appreciate how destructive addiction can be, but we also know how transformative recovery can be.

WE'LL FIND THE RIGHT OUTLET FOR YOU

We provide a tried and tested treatment programme that is tailored to your individual needs. Our programme incorporates a wide range of psychosocial and psychological interventions, workshops and treatments to give you the tools and understanding to live a life free from addiction.



WE CARE ABOUT YOUR LOVED ONES

Addiction is a family illness, and it can be challenging for loved ones to watch their friends and family suffer. Our therapists can provide help and advice to your loved ones, which will help them, and you, to navigate through your recovery as best as possible.

WE'RE ALWAYS HERE FOR YOU

Addiction doesn't take time off, so neither do we. We are open twenty-four-seven, all year round, including national holidays. Our specialist addiction team is always here to guide and support you through your recovery.



OUR ALUMNI COMMUNITY

Recovery is an ongoing process that requires work and dedication long after the rehab process. Maintaining a strong community network is an excellent tool to keep us grounded, and those relationships we build during our time in rehab are often some of the most meaningful.

Your wellbeing is our priority, so our Alumni Programme ensures that after you leave a UKAT facility, you still have ways to stay connected to our extended family.

With activities, social events, regular communication, newsletters and a private Facebook group which you can turn to for support, you can always look to us for advice and guidance.



"Staying connected can help minimise the isolation and loneliness that lead to feelings of depression, which can ultimately trigger a relapse. Connecting with support around you proves a valuable tool and may help save your life and your sobriety."

Kat McClelland,
Therapist at Sanctuary Lodge (UKAT facility)



"Very welcoming and staff very supportive with my recovery, always kept up to date during my stay, other peers helped me through my process of recovery and I am leaving with a very positive mindset."



Ashleigh T



"I have just spent 4 months with Oasis Runcorn and I cannot thank the staff and peers enough for basically saving my life, the support network I received was incredible and if I could stay I would have."



Dan